

CLASSES

ALL EQUIPMENT PROVIDED. PLEASE contact for details

DAY	TIME	leonie@bodymotion.co.uk 07970 814085 LEONIE DYKES	yvonne@bodymotion.co.uk 07702 221017 YVONNE WHITE	
MONDAY	9.30am	Barre Pilates The River Mills Ballroom Selby	Clinical Pilates Melbourne Village Hall	
	4.00pm	Clinical Pilates North Duffield School	Clinical Pilates Hemingbrough Primary School	
	6.00pm		Clinical Pilates Wressle Village Hall	
TUESDAY	9.30am	Clinical Pilates Hemingbrough Village Hall		
	11.00am			
	3.00pm	Clinical Pilates Skipwith Village Hall		
	STARTS 18 TH JUNE	5.15pm		Clinical Pilates Market Weighton WellBeing Centre
		6.45pm	Clinical Pilates Hemingbrough Village Hall	
		7.00pm		Clinical Pilates Holme on Spalding Moor Village Hall
WEDNESDAY	6.00pm	Clinical Pilates Airmyn Village Hall		
	7.30pm	Clinical Pilates Wressle Village Hall		
THURSDAY	10.30am	Clinical Pilates Market Weighton WellBeing Centre		
	4.30pm		Clinical Pilates Hook Memorial Hall	
FRIDAY	9.30am	Clinical Pilates North Duffield Village Hall	Clinical Pilates The River Mills Ballroom Selby	